

ParaPHENOMENA

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LIFE AFTER DEATH

ParaPHENOMENA

INVESTIGATING AND
RESEARCHING TEAM:



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OUR TITLE, ParaPhenomena, was suggested by Lee Winterson of the Bristol UFO Research Group. The title embodies two words, the paranormal, and unknown and strange phenomena. Together we have a structure of investigating everything in this universe and in others, other dimensions, and other spheres of reality.

Our investigators and associates, hope to bring you reliable information on all aspects of the weird, the strange, and the psychic.

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NOTICE

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IN THE BEGINNING

AN INTRODUCTION

By Edward Harris

IN THE BEGINNING THERE WAS NO SPIRIT WORLD

HOW COULD THERE BE AT THE BEGINNING OF TIME, when our world did not exist, and all was black and void, and no life as we know it existed anywhere in the universe...nothing!

Yet is this an accurate picture I am painting of the beginning? As we ALL know, when it comes to LIFE AFTER DEATH, etc., there are more questions than answers. I am merely making a scientific observation.

Was there an after world long before the dawn of time? If so, then what did it look like before the very FIRST human being died and went there?

Has this after world ALWAYS, like space itself, always been in existence, just waiting for dead people to arrive? QUESTIONS? QUESTIONS? Is the after-world, dimension, call it what you like, one of those "Many mansions" God has got for us when we go there? By this, is it meant to mean, that we all make our own spiritual destiny by what we do while here on earth, laying down a VIBRATION onto our inner soul, only to GO to one of these frequencies after we die? I believe it is so. Did Jesus allow himself to be sacrificed in order to open up one of these mansions or all of them for us? QUESTIONS? I think not. According to Out Of Body expert, Fred Sculthorpe, now in this realm, one man he met there in the spirit realms stated that he had been there long before the pharaohs. If this is so then how did this REALM OF PLANES COME INTO EXISTENCE, BECAUSE THEY HAD TO DO THAT IN ORDER TO BE THERE, to be there long before the arrival of Jesus.?

THE SPIRIT WORLD IS A MIND WORLD

I once asked my Religious Instruction teacher in 1957, when I was still in school; why on earth are we born for, if we are going to die one day? Her answer was something along the lines of not being pessimistic and live as long as we can etc. So until scientists can find the age gene, we must prepare ourselves for this world of thought. My spiritual teacher, mentioned above, told me that the more we learn about the spirit world while we are alive, the easier and better it will be for us when it is our time to go. We know it is a thought world because I was informed that if a person BELIEVES that when they die they ARE dead, then, being a thought process in a thought creating astral world, what you believe HAPPENS. You effectively THINK yourself out of existence(?). Actually this shouldn't happen, since the newly departed will remain unconscious until a spirit guide or helper helps them see that they are NOT dead, and then they awaken. Seeing as the astral realms IS all controlled by thoughts, I want to take you now on a hypothetical maybe to be proved, a true journey, to the beginning of the spirit world and how I believe it was formed:

IN THE BEGINNING, THERE WAS NO SPIRIT WORLD. IT WAS PROBABLY JUST A VIBRATION OR FREQUENCY IN THE COSMOS, A WAVE FORM MAYBE.

When human life appeared on earth and began to develop reason, and develop their own independent thoughts, things then began to occur. They never knew where they came from, nor did they care. Was one of them Adam and the other Eve? Eventually one of them died, he found himself or herself in a very dark place of no substance which felt strange. They never knew what had happened. It was strange and frightening. Somehow things seemed dreamlike, unreal. Then the dead THOUGHT about the life they knew and loved, being scared of the darkness surrounding them. (Remember this was the dawn of Man).

LO AND BEHOLD, as the first being THOUGHT HIS FIRST THOUGHTS in this new astral place...so what he thought about APPEARED! (be it landscape or whatever). The first being in the astral "world" then thought that he couldn't

see in the eternal darkness and wished he could have LIGHT to see by. LO AND BEHOLD, there was light, which his mind had created. But it was a dim light. He had limitations, being the first person ever to go there. What he did not understand was that sub-atomic particles had come together under the "electromagnetic" effect of his thoughts and FORMED the first SOLID OBJECTS of his thoughts. He had created the stable VIBRATIONS needed to create a spirit world. He was overjoyed he had a real SOLID OBJECT in front of him that he could touch and feel.

After many years in his limited spirit environment, other souls started to arrive up from earth below, into this new spirit realm created by the first ever to go there. Their combined thoughts and minds now started to produce the very conditions by which the astral worlds are known. Now there would have been much light. Light which came from nowhere yet everywhere, banishing every dark corner and shadow. Light formed by pure thought power of souls who did not want to have an existence in darkness. Their combined THOUGHTS FORMED THE LIGHT, as well as the rest of the astral planes. Therefore the spirit world, as far as I am concerned, may have been CREATED by trillions of minds over millions of decades since the world began. Everything must have beginning and an end, except space itself, which has no beginning and no end.(?).

All this was done quite automatically and by natural attraction of sub-atomic particles. Thought power there may be the catalyst needed to draw it all together and make a SOLID TO THE TOUCH world. The first ever being to die had created PERHAPS, the FIRST dimension of existence beyond the span of life. Scientists think there are thousands of dimensions all vibrating at different frequencies. This magazine is composed of atoms and electrons all vibrating at the same frequency, so are you, the reader. IF these vibrations alter their vibrational rate, faster or slower, then this magazine, and yourself, will NOT exist here in this plane of sound, touch, and solidness. The spirit world is composed of mind vibrations and that is just as solid to those living there as here on earth. The sad part of all this is not being able to see our loved ones when they die. We will come to this in a moment.

In my hypothesis I come to that part in time where RELIGION pokes its head at us all. Some of it is good, teaching us spiritual ways. The world was awash with religion (and still is). Some of these religions had their teaching and mystique hidden in the mist of time. We humans were then, and still are a mixed up lot. For us a man, called Jesus came on the scene, according to ancient scroll found and translated. He promised us everlasting life if we followed his teachings to be GOOD to one another. It was he that gave us the saying of "In my kingdom there are many mansions." By that I personally think he meant there were thousands of spirit planes of existence we go to when we die. Jesus never did really explain his sayings to us in plain language (maybe we just would not understand him then if he did). Did Jesus sacrifice his life to open up a door to these worlds, or was he just making us aware they had been there for millions of years? Therefore millions of minds combined over the centuries may have actually CREATED Jesus himself, just as, say an apple is created by pure thought, being the mind world that it is. Therefore Jesus has now become a REAL person from the thoughts of millions. In fact there is a case on record, somewhere of a group of spiritualists contacting a 'ghost' which they discovered they had created from their combined minds. More of this in later issues.

Therefore in my theory, the spirit world did not exist until millions of people had died, and took their thoughts up with them, of the earth life they had just left. We know that there are many time periods in the spirit world of people who have died in their century and still retain their life as it was for them then. Because there are boundless frequencies in the astral planes, there is room for billions of souls arriving there...and if one day, our sun goes out, or explodes, as one day it surely must, there will be room for everyone. But will the spirit world still remain. I am here talking about the future. We have spoken of the very beginning, and that would surely then, be the end.

Having been through that hypothesis that we believe a another dimension awaits for us, may I contradict myself by turning skeptical by saying: DO WE LIVE AFTER WE DIE?

There is a lot of physical evidence now to say that other world, the other side, the spirit world, call it what you will, does exist. PP will try to gather more evidence to this effect in forthcoming issues.

From all that I have learned over the past 33 years of investigating and collecting data and meeting many people into this subject the answer as to whether this other system of life exists is a big YES!

The sadness of this is, that although our loved ones are not really dead, to us, they are, because we cannot see or hear them ever again. DYING IS VERY EASY, THIS IS THE EASY BIT, LIFE IS WIPED OUT AS WE KNOW IT BY MANY THINGS. THE TRICK IS TO **STAY ALIVE**. Not being able to see or hear our beloved departed ones is heart rendering. But this may be changing soon.

Scientists of this world and those in the spirit worlds have been working to produce devices which will one day enable us on earth to see and to hear them. David Fuller, who has been studying psychic phenomena for many years, and who joins PP as a member of our staff says: "Scientists in the spirit world have been working on a device and maybe one day everyone will be able to contact the other side." What is however needed, I think, is for the human element to be present at all times when these devices are used. It appears that they work better when a medium or other psychic person is present when they are being used. One such device is known as the astral telephone, whereby a radio is used. Tuning into a blank spot between radio stations and running a tape recorder seems to bring voices out on tape at playback. More on this soon. I myself, have a idea for an astral or spirit Television. If this device, when I can get round to constructing it works, we will be able to see into the spirit world. Someone once wrote: "The spirit world is that land from which nobody ever returns." If Christianity has anything to say about that, this will be proved wrong too. (I'm afraid that seems to be many many years away in the future).

Regarding contacting the dead by radio and TV devices (which are crude here, and etherical in the astral regions); Scientifically however, this is probably all down to VIBRATIONS. EVERYTHING IN THE UNIVERSE IS VIBRATING AT AN ATOMIC LEVEL. There are sub-atomic particles, and all manner of vibrations and rays making up not only our universe but ones we cannot see or hear. I pose the question here. What vibration and frequency is **THOUGHT**! If we all posses a soul, and logically we should have, then it would be a challenge for scientists here on earth to try and invent something which could pick up THOUGHT WAVES. There have been attempts at this in the past, but I have not seen any outcome of these inventions. If such a device could be made, tapping into the minds of souls in the spirit world may make communication with them a lot easier, and possible.

The very first such attempt to see if there was a soul that leaves the body was by a photographer in the early part of this century who took a photo on a glass plate at the moment his wife died. On developing the plate, a wisp of "something" was seen leaving the body. This should prove that the MIND still remembers it had a BODY, and on reaching the spirit planes, assembles itself as a whole body. Of course this could be inaccurate and the early attempts at photographing the soul may have been difficult due to the primitive nature of the equipment.

As far as scientists are aware, there is still a battle to be won from the disbelievers and atomic particle scientists trying to prove it exists. For us though, we know its there. I think the whole of the spirit world dimensions was created by HUMAN THOUGHT over millions of millennia. Again, the sad part the heart-breaking side of all this is for many of us not being able to go there, and follow our loved ones to the other side, while WE are still alive.

But, there is now a way we can visit the spirit world, if all but accidental, and very briefly. This is now known as having an OUT OF THE BODY EXPERIENCE (OBE). Therefore, I'll conclude my introduction here, and follow this up with items on just this out of body experiences.

EDWARD HARRIS, Editor.

By

Julie Fuller



IT ALL HAPPENED IN 1986 WHEN I WAS ABOUT 16 and had to go into hospital to have an operation on my foot.

I do suffer from mild spineabifida and have been in and out of hospital a number of times. I have had many operations in the past but never experienced anything like the operation I had in 1986.

I've heard of other people talking about their out of body experiences, but I didn't really believe it until I experienced it for myself.

This is what I remember:

I was lying on the operating table unconscious. One minute later, I was looking down on myself, watching what was going on from somewhere up on the ceiling. I could see the doctors and nurses rushing round me with the machines and putting the heart monitor on my chest, trying very hard to revive me. I had gone into a cardiac arrest.

I remember how worried the doctors looked. But I wasn't worried. I knew I was going to be all right. I felt so relaxed and peaceful while floating out of my body. I felt no pain, just a lot of peace. I do remember the doctor slapping my face, telling me "I've got to come back." Then all of a sudden I could feel myself floating back into my body. I also remember feeling very cold, and my face was stinging from where the doctor had slapped it, trying to bring me round. I also felt very sick, and I still had the heart monitors on my chest. It was a lovely experience floating out of my body, I'll never forget it. I know by having this experience it's made me have no fear of dying.

Julie Fuller

****** Out of body trips by those having them are **so real** to those having them that they are rarely forgotten, and are never classed as easy to forget dreams.

Psychic Elaine Ibiricu sent us this fascinating OBE story:

Research Institute Shows People a Way Out of Their Bodies

* * *

Students of Robert Monroe
Let Their Minds Wander
Across Time and Space

By BOB ORTEGA

Staff Reporter

FABER, Virginia—Here in the misty foothills of the Blue Ridge Mountains, people come to the Monroe Institute to get away from it all—particularly their bodies.

On a recent summer evening, staff member David Mulvey welcomes 25 visitors with a caveat: No one who takes the Institute's weeklong Gateway course is guaranteed an OBE, as an out-of-body experience is called.

Anything less, though, would greatly disappoint many who visit the Institute, a research outfit devoted to the study and teaching of altered states of consciousness. Guests in this group have journeyed from as far as Switzerland, and most paid the course's \$1,300 fee just so they could learn to depart from their bodies.

Helpful Hints

For them, Mr. Mulvey offers a few helpful hints. "There must be 50 ways to leave your body," he says. One's consciousness, for instance, can float out the top of the head, or roll like a log out of the body, or spring from it like a pole vaulter.

And sometimes, people slip out of their bodies without even trying. "We believe everybody goes out-of-body every night in delta sleep," the deepest stage of sleep, says Mr. Mulvey. "They just aren't consciously aware of it."

At the Institute, such unconscious departures hardly count. The goal is to take out-of-body trips when and where one wants, and remember them afterward, in the tradition of Institute founder Robert Monroe. Among the thousands of OBEs he reports having taken are expeditions to the former Soviet Union, trips to visit his daughter at college, voyages to the distant past and treks to other planets. Once, he says, he met an alien who looked and sounded like W.C. Fields.

Mr. Monroe seeks to modify human brain-wave activity not only for out of body trips, but for other goals such as sharpening memory and controlling pain during surgery.

For 21 years his private non-profit institute has been teaching such exercises through various courses, including the standard Gateway programme.

One Gateway alumnus and fan is Kai Sui Fung, the 91-year-old head of a Zen Buddhist temple in Vancouver, British Columbia. He believes

that Gateway students can reach meditation states in a week that took him years of sitting. His temple now uses audiotapes from the Monroe Institute as a training tool.

Many among the institute's 7,000 graduates hail from the halls of business and industry—even the military. Retired Gen. Albert Stubblebine, former director of the U.S. Army Intelligence and Security Command, confirms that the army sent personnel to the institute in the 1980s. At that time, the army was investigating the potential military applications of psychic phenomenon and "new age" training techniques.

Also during the 1980s, DuPont Co. sent nearly a dozen managers to the institute, hoping to inspire creativity, says Herman Maynard, a retired marketing manager at the company. It phased out the visits to the institute after his retirement. Another manager says DuPont wasn't thrilled by spurious company gossip about an employee who, having attended a Monroe session and "discovered that he was a goat in a past life," began to revert.

A DuPont spokeswoman says corporate "downsizing" was behind the phasing out of the visits to the institute.

The bestselling co-author of "Beyond IBM," Katie McKeown, visited the institute a few years ago after the unexpected death of Louis Mobley, her friend and collaborator on the book. Suddenly, she recalls, Mr. Mobley communicated with her through James R. Hoover, a DuPont manager—and skeptic—attending the institute at company expense.

Mr. Hoover, who had never met Mr. Mobley, confirms that he spoke with the dead man while in an altered state of consciousness. He had remained skeptical until he related the conversation to Ms. McKeown, who said that certain remarks could only have come from Mr. Mobley. That "scared the daylights out of me," says Mr. Hoover. "I still get chills thinking about it."

Others find the idea of out-of-body trips more amusing than scary. Sen. Claiborne Pell once showed up saying that he had two hours' free time and asked for an OBE to be arranged on the spot. As Mr. Monroe recalls, he said sure, and asked an aide to bring him a hammer.

Asked about the encounter, the Rhode Island Democrat laughs. He says he plans to complete the weeklong course after he retires, "though I'm a little timorous about really having" an OBE, "because I wonder if I'll be able to get back into my body."

The founder of the institute says he had his first OBE one lazy afternoon in 1958. While lolling on a couch at home, he felt an odd vibration, and found himself floating toward the ceiling. There, he looked down with horror at his own inert form.



Robert Monroe

THE WALL STREET
JOURNAL 21.9.94

No Hallucination

As soon as he snapped back in, he rushed off to his doctor, who could offer no explanation. After that, he says, it kept happening. "It took a full year for me to believe and then to know this was not a hallucination," says Mr. Monroe, who all along regarded himself as a sober businessman with no spiritual inclinations.

After scores of experiences, some terrifying, in which he says he floated through walls and journeyed to other realities, he sold his successful radio-production and broadcast business and founded the Monroe Institute on a 240-hectare spread.

Mr. Monroe has received three patents for processes that use audio signals to help people reach altered states of consciousness. His approach is based on sending complex audio signals that correspond to the brain-wave frequencies associated with different stages of sleep. The idea is to train people, by gradually altering the signals, to attain these brain-wave states even as they remain fully conscious.

Members of the group recently welcomed by the institute's Mr. Mulvey include three pilots, a worker in a plastics factory, a Swiss banker and an accountant from Amsterdam. There is also Jessica Conway, a clairvoyant, who says she shares her London flat with a poltergeist named Josh.

Proof of Afterlife

Several say they would consider an out-of-body experience to be proof of an afterlife. Most haven't left their bodies before. There are envious expressions when Raoul Davila, a San Antonio schoolteacher, says he has had OBEs all his life and only wants to control them better. His are more like auto-body experiences—he says he often induced them by cruising in his '55 Ford coupe.

Their week at the institute is mostly spent prone, in small, dark chambers. There, they listen to tapes that start with the relaxing sound of pounding surf; then, as Mr. Monroe's cadenced voice gives occasional directions, a gentle wind-like rushing masks the complex electronic signals meant to alter brain-wave states.

By week's end, about 10 of the 25 report having had OBEs. Jean-Paul Lemaire, a Belgian physical therapist, says he traveled to another plane, where he had tea with a pleasant, grandmotherly lady. Several women say they bumped into each other out-of-body in the institute's corridors.

Others aren't sure. "I know I'm having this experience," says Denise Kasell. "Then an hour later I'm saying, 'Nah, that didn't really happen.'"

Mr. Monroe's answer: "It all comes down to an acceptance of something you can't measure in a conventional way."

Puffing pensively on a cigarette, the 79-year-old founder says he doesn't travel out-of-body anymore. The last time he did so was just after the death two years ago of his wife of 23 years, Nancy Penn Monroe. Having visited her, he says, he found that being with her, free from physical trappings, "was so emotionally explosive I couldn't handle it."

Had he gone again, he says, "I wouldn't have been able to come back."

Travel Without Your Body

Out-of-the-body experiences



William Blake
portrays the reunion of the
soul and the physical body
in this illustration of Robert
Blair's poem, *The grave*,
published in 1813

"As the two vehicles collided, I suddenly found that I was watching scene from several yards up in the air, as if I were suspended above the road. I saw our own Land Rover colliding with a large lorry. I watched as I was thrown from the Land Rover and my friend then climbed out unhurt and came back to examine my body. I also saw the lorry drive off. I remember thinking that I looked a terrible mess lying there on the road and could well be dead.

"The next thing I knew I was coming round in Moshi Hospital. I had been unconscious for two days with serious injuries. I told my friend what I had seen and he confirmed that it was indeed a lorry that had run into us and that it had driven on.

Near death experiences are not a recent phenomena. In 1964, Mr. David Taylor and a friend were touring East Africa in northern Tanzania. It was during the last few weeks when it happened.

They had been driving through a game park and they had just turned onto the main road to Moshi. "It was dusk and I was sitting half-asleep in the passenger seat" recalls David. "I was suddenly woken by my friend, who was delighted to see the first vehicle we had come across in six hours, driving down towards us.

Either my friend or the other driver must have been half asleep, too, within seconds the two vehicles drove into each other.

I had only been saved because another car had come down the road soon afterwards and taken me to hospital.

"The whole experience, even after all these years, has left me completely unafraid of death."

People who have "died" on the operating table, sometimes have an OBE, and after travelling through a long tunnel, they meet people they know have died, but told to go back to their bodies, as their time is not up yet.

Although not afraid of death due to these experiences, it would however be tragic if a person was told they were there permanently, and so much still had to be done on earth, like an unfinished job, or loved ones left behind who depend on you for comfort, love and support.

MORE ON OBS IN THE NEXT ISSUE.

TEACHINGS FROM THE OTHER SIDE

In this section of PP we will be taking a look at some of the knowledge we have gathered about the spirit world.

First of all, Fred Sculthorpe, an astral traveller for most of his life, until his death in the 1970's said that the more we learn about the next afterlife the easier it will be when its our turn to go. I think he meant by that, there would be no nasty surprises when it does. We will KNOW what's happening.

He also said, and I would like confirmation of this, that everything which is manufactured on earth has a counterpart in spirit. Would this mean then, that all newspapers published on earth, would have their double appear in the spirit world. That means this magazine, PP, can now be read there. That would be very useful for putting in notices to your dead loved ones to read. I wonder?

Although exact details will follow in other issues, we have learned that there are boundaries in the spirit regions. I wonder why the "spirit" world was so called. I somehow think the "spirit" people would object to being called spirits, when to themselves they KNOW they are as solid as we are here. Readers are invited to RENAME the Spirit World and the term SPIRIT. I feel that I was instructed to produce PP, and mention this from this other place. The winner will receive free issues of PP up to one year.=Editor.

As we were saying. Folk living on the other side, soon discover there are barriers. For example they cannot go onto a higher level of existence, nor can they collide with each other. To quote an example. Two flyers on the other side would fly their aeroplane as far as it would go (yes there are aeroplanes there too, as well as various other inventions), and on reaching the mountains in the distance, found they could not fly over them. They refused to believe that they WERE dead. If they knew that they did not need an aircraft to fly in this world, they would be surprised. Likewise some old sailors thought they were still alive.

Newly dead people find that although they can still touch things with their hands, they cannot accidentally bump into others there. But you can influence events with their minds. One mischievous man in that other world, once moved a golf ball out of the way of the hole. (Even golf exists there too-so do cafes and tea bars).

WHAT THE "SPIRIT" WORLD HAS...

From what I have found out from psychics, mediums, books, and own experiences, the so-called spirit world, has just about everything we on earth have. Of course that is mainly on the lower planes of existence. One soldier killed in a battle found himself transported with a guide to a tea room (in heaven).after all it would be totally shocking to a new departed soul to find themselves in heaven surrounded by angels playing harps! One young lady, in the astral world, found her liking for tea made stronger, and every time she wanted one, it just appeared. But spirits living like this are discouraged by workers and guides in that world. So are souls who have died and NOT ASCENDED there. One man recently died, and did not know he WAS dead, sat on buses and travelled on them all day, wondering why nobody talked to him or even saw him, until he met a lady who could see him and talk to him. She had come down to help him over.

We have learned that colours there are more vivid and brighter than on earth. You can eat, if you want to, but is not necessary. There are lakes and rivers, but obviously one cannot drown in them. Walking is a pleasure, and getting from place to place is as simple as THINKING yourself there. If you go to a concert, music comes up in colours.

There are libraries. If you had an ambition on earth, it will be fulfilled in heaven. You can find your true love there too.

TO BE CONTINUED

Tales of ghosts

IF THERE WAS NO GHOSTS PEOPLE
WOULD NEVER SEE THEM.



DAVID FULLER

who has joined
PP found he
had abilities
he had not
realised,



ANGELA HARRIS



SEAN BALLARD

THE VANISHING LADY

By David Fuller

My family and me were at St.Oseth, (near Clacton-on-Sea).
Being that the weather was hot, we decided to walk to the shops. On route, we passed this large field and then I noticed an apparition, which appeared to be that of a woman. I also noticed what I assumed to be a long ditch which cut right across the field, and when the apparition came upon the ditch, she appeared to float over, and then disappeared.

LITTLE PEOPLE SHADOWS

By Angela Harris

My name is Angela. One evening, my friend Samantha and I were sitting in the living room with the living room door open. We were talking when all of a sudden we saw lots of little shadows walking past the hallway. We both looked at each other and I said to Sam: "Did you see that?" She said "Yeah, little shadows."

MORE SHADOWS SEEN

Mr. Sean Ballard, of Woodford Green, Essex, told ParaPhenomena, when he lived in Dunmow, that he too had the experience of seeing moving shadows on his landing of the stairway.

It seems this is not an isolated event because a Dunmow young lady, also told PP, that she also had this experience of seeing shadows of what appears to be young children in the house. She has since moved out.

It may be a coincidence but there could be a connection with small children, as both of the females were young mothers with children of their own. Has anyone else seen this? Write to us.

There are many tales of apparitions seen by quite a variety of people in all walks of life. As stated above, some of us have never seen a ghost, and to them they say "There is no such thing as a ghost". The answer to this is; if ghosts did **not** exist, then people would NEVER SEE THEM. There are many things the human eye and ear cannot detect if it is out of range of our senses. That doesn't mean to say that just because we can't see or hear something it doesn't exist! We can't see a radio wave, but through the medium of a RADIO SET, we pick it up and hear it. Mediums do likewise.

DOES A SOUL, A SPIRIT BODY REALLY EXIST? Yes evidence for the existence of one is strong. A research centre cum hospital placed a dying patient on ultra-sensitive scales. When the patient passed on, the scales measured less...proof. An insect was placed in a smoke chamber. It was killed, and its "soul" was seen passing through the smoke....proof!

Proof of an afterlife was actually partly proved in the 1960s when scientists ^{put} particle down an atom accelerator. It was called the Zero X-1 particle. It vanished without trace at the other end. Scientists said at the time, that it ~~went~~ into a "mirror world"...proof!

If you have had any psychic experiences, ghost reports or sightings, or any weird and wonderful event to report, we will be glad to publish it.

EDITOR

TRUE GHOST STORIES

Ghosts can be anywhere and everywhere. Even lighthouses have had them.

In the US resort of Pensacola, Florida, stands one, in Pensacola Bay. It was built in 1858 and has spawned ghost stories galore.

Even an Annapolis-trained navy officer swears he stepped from his MG sports car to inspect the tower one night and heard sounds of breaking champagne glasses and laughter sweeping though the walls of the spiral staircase.

A visiting Dutch doctor was asleep in the former keeper's quarters when on hearing a loud crash he rushed into the living room to find a massive easy chair had overturned. Some clothes he had left draped over the chair were intact-except the belt which was never found.

"The ghost is supposed to be Isabella Ingraham, the first keeper's wife, who served for 15 years after he died," explained Suzanne Lewis of the Gulf Islands National Seashore. "She died alone and her body wasn't discovered for two weeks. They say she's angry."

SPIRITS HAUNT HOTELS

America: The Brookdale Lodge, near Boulder Creek in the Santa Cruz mountains seems to be the domain of ghosts.

San Francisco policeman Bill Gilbert and his family bought it in 1990 as an investment, but soon discovered that they had purchased the unseen residents as well.

Various machines started to turn themselves on. Cold spots and a moving gardenia-like fragrance have upset people there. The Mermaid Room, now derelict, had manifested sounds of big band music and laughter and clinking glasses.

Kim Gilbert, Bill's then, 24-year old daughter, once clearly saw the ghost of a little girl, dressed in 1940's style floral dress. Local legend says she is Sarah, who drowned 50 years ago in a creek that oddly runs through the lodge's dining room.

Joslyn Chrisholm, during the previous owners time. lived in a room behind the lodge, also tells of the many spectres there, including one of a little boy.

Two ministers were called in by Kim Gilbert, and they performed a 'house blessing' to ask the many ghosts to leave, but never actually saw any spirits, though they did hear unnerving noises from the lodge's water heater.

SOURCE: San Jose Mercury News, 1/4/1991.

THE ANIMAL GHOSTS

A young man, visiting his girlfriend, sat waiting for her in another room while she got herself ready to go out with him.

While he was waiting, sitting in a chair, a white cat came into the room and jumped up onto his lap. He thought this was nice and started to stroke the animal. He was not paying any particular attention to what he was doing as he was wondering how long it would be before his girlfriend ~~was~~ ready but noticed that the cat felt cold to the touch, which he found rather strange.

At that moment, the young lady came into the room and announced she was ready to go out now. The cat jumped off the boyfriend's lap and ran away. On remarking to her about the cat, and was it hers, she was very startled and her face went white. She told him, it was indeed her cat, but it had died over a year ago.

PSYCHIC CAT SEES SPIRIT

Tiger, a gifted cat, responded to a manifestation, as reported by the 1971 issue of Cat Magazine.

Apparently its owner, Winifred McGranville told her true story what occurred. Her half Siamese cat had a reaction to an apparition of a woman, that she saw so clearly.

It was while weaving a tapestry in various colours the incident happened. Normally the cat sat on the wool in an old box. This stopped the weaving and she was reluctant to disturb the puss.

Some days later, Winifred heard the lid dropped. At first she thought it was Tiger, but her was asleep on the hearthrug. She was aware she was not alone in the room.

Tiger walked to the box and looked up at "something" about it.

After doing a large piece of tapestry Winifred realised she had used a wrong shade of green which did not match with the other colours. She did not relish undoing all the stitching all over again. She was interrupted by an unexpected visitor.

The next day she had an amazing psychic vision.

"To my amazement, a lovely woman whom I did not know, dressed in a handsome rich gown, stood holding the canvass, and frowned as she looked at it carefully. She gave a shrug of annoyance and dropping the canvass on the floor, vanished.

Two weeks later Winifred unrolled her tapestry to replace the green stitches.

"Imagine my amazement when I found the offending green had been taken out and so neatly done that the canvass hardly showed it had been worked. Who had done it for me?"

The cat rubbed round the chair, but not touching it, as if he sensed there was someone invisible sitting in it, and he alone liked. He purred loudly and seemed very pleased about something.

"I am sure it was the Brocade Lady come to see how I was getting on."

When the tapestry was finished she spread it on the table looking for missing stitches.

"Though I could not see her, she was certainly there, judging by the cat's movements. He enjoyed her presence and perhaps her petting."

SOURCE: Psychic News Nov.27. 1971.

* * * * *

THE OUIJA EXPERIMENT

By Brian and Amanda Smith

Or HOW WE OBTAINED A GOOD SECONDHAND FLUTE WITH SPIRIT HELP.

First published in Cosmology Newslink 1986:issue 33.

IN DECEMBER 1986, Amanda, my daughter and myself got out our ouija board we purchased sometime ago, and with which we had some very good interesting things occur. We proceeded to ask it questions as we normally did.

At this time Amanda was learning to play a flute and had one on loan from her teacher because he thought she has good potential. We decided to get her one of her own, one day.

It was during this ouija evening that things were taken out of our hands.

At this time, I had a flute catalogue, and that evening, on making contact with a spirit, who just so happened to be Amanda's grandad, I asked him if he could recommend one from the book. I must emphasise that the book was out of sight and could not be read by anyone operating the board. I asked the spirit if he could see the book and the numbers which corresponded to flutes. He said "YES." I asked him if he would like to select one which he thought would be suitable for Amanda. The board then spelt out a number. When we checked with the catalogue numbers (out of our sight), we were shocked to see that it DID match up with a flute.

Unfortunately he had picked one far too expensive for us. We asked him to look for another one, as we laughed and told the spirit that we know money did not matter up there, but it did for us.

Soon another number came though...but this is the odd part. It was basically the same numbers, but in a different order. Checking to see if such a number actually existed, and that nobody was cheating, to our surprise, it did. The spirit had given us a good flute but cheaper in the secondhand range, suitable for a little girl aged 9.

We did not act on this immediately but bore it in mind.

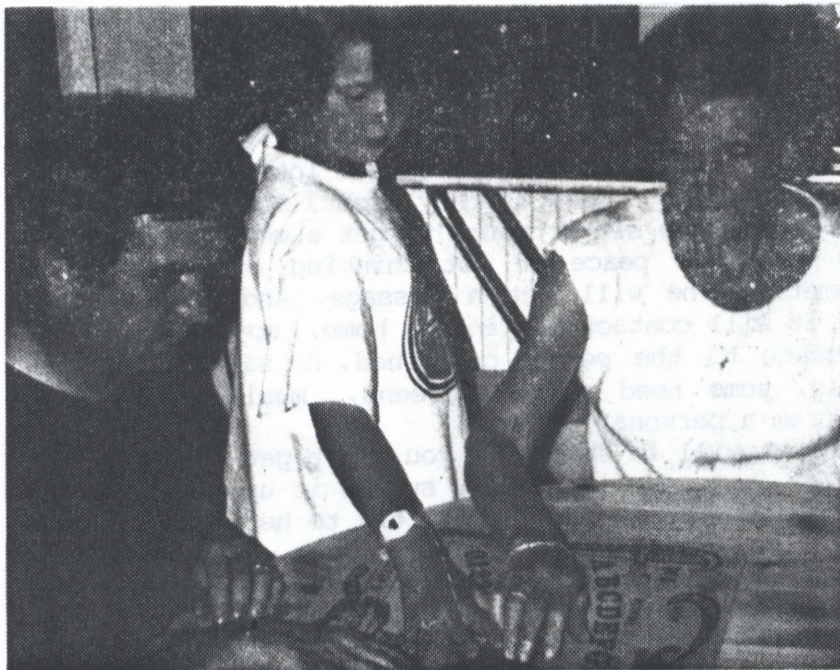
When the local newspaper came out there was a much cheaper flute in there. So we got the ouija board out again and asked for guidance. Another spirit came through. Her name was Vera. She told us, that when she was alive she was associated with music and had come to help.

The same pattern of events occurred and it turned out that Vera had actually gone and taken a look at it. This time it was NOT suitable for Amanda. Asked why, the board spelt

out not...suitable...quite old. We did not pursue this any more.

We then went to the shop in London where the catalogue came from, and where the spirit had gone to, yet we were not going on the spirits recommendation. We went to choose for ourselves.

We saw the whole range and asked for assistance. Finally, after by passing some rough looking ones, the assistant recommended a flute. IT WAS THE EXACT FLUTE THE SPIRIT HAD PICKED.



LEFT TO RIGHT: Brian Smith with his daughter Mandy and his mother, Lilly using the ouija board.
Photo: Glynis Smith (1987)

Most people reading this will probably be appalled at the use of an ouija board because it seems to attract the not-so-nice side of spiritualism. For some people, operating such a board has had bad long lasting disturbing effects, as entities come through, sometimes swearing and giving messages which frighten.

But if used with care and a strong will, only nice messages are received. Ouija boards are not a toy, and are discouraged by many spiritualists. One strange aspect of such a board is, that those taking part, especially when all hands are on the planchette, that there is a feeling "someone is pushing it". Brian has so far had no such bad experiences when he is using his board.

OTHER NEWS etc.

SEARCH FOR PAT...

It is such a terrible shock, when a very good and dear friend you have known for 23 years, becomes ill, is not diagnosed in time, and passes away in hospital.

The distress is double for the family, and there is a yearning emptiness around you, because that person, who has been so kind to you has suddenly been taken away.

The immediate reaction is to try to establish contact by a medium or other gifted person. But what if the contact comes through a person who is not a medium, and has no knowledge of the person you are thinking of?

One such happening did occur.

David Fuller, who has joined PP was totally amazed, or as its known commonly, as gob-smacked, when he tried psychic experiments to contact the dead, in, of all places, his local pub!

THAT'S THE SPIRIT

It began when four of us, Rita Harris, Edward Harris, and Julie Fuller were attempting psychic writing. This is by holding a pen semi-loosely in the hand and asking for spirit to write through you.

At first this is extremely tough. Edward Harris, PP editor, who has done this before, tried contact first of all, picking up "Jack". This turned out to be David and Julie's grandad. This was unknown to the editor at the time of contact. Not having much more contact Edward Harris passed the pen to Julie, who experimented, then to Rita, and finally to David.

This proved to be an eye-opener for all of us. It came such a surprise to David, that he jokingly threw the pen onto the table, in disbelief at what he had achieved for a first time attempt at contacting the dead.

David had picked up Pat, our friend, who died on the 27 December 1994 suddenly of an illness. Edward suggested David ask what were her hobbies, her favourite pop stars and singers were etc. He amazed all of us when back came, without hesitation,

"Puzzles,(jig saw), Cliff Richard and Pavarotti, and other things proving her continued survival. Yet on another day, David could get no contact with anyone at all."

We have to admit however that a pub environment is not really a good one to do psychic experiments in. Yet, why it never worked the second time is a mystery.

It was soon to be explained to us. Each week meetings of spiritual nature are held in Bishop's Stortford, Herts, Apton Road Hall, where our team visited for more answers.

ASPECTS OF MEDIUMSHIP

A LECTURE BY ALAN ALBISTON (Medium)

At a recent meeting in the Apton Road Hall in Bishop's Stortford, medium Alan Albiston, told us some aspects of mediumship.

He started by telling us the differences or meanings of words such as Psychic, Medium, and Clairvoyance was. There was also Clairaudience (hearing spirits). He said he gets all of them now. He can see and hear them. There was the ability to sense or feel spirits around as well. Alan explained there is a lot of pressure put on mediums to perform in public. But try to please as they might, some mediums just cannot get hold of that one dead person the sitter wants to get a message from.

For Alan, he finds that when he is at peace or not thinking of anything in particular, like in the bath, sometimes he will get a message. And if the spirit knows he is going to a meeting, it will contact him in his home, so that when he gets there, he can give the message to the person concerned. He says all mediums have a different way of working, some need aids, screens, music, etc., even psychometry (sensing vibrations from a personal object).

Alan says: "Sometimes with the best will in the world you can't get anything. Its like a television switched off. You just sometimes can't summon it up at will.

When it comes to actual PSYCHIC persons, these will still try to help you, like at the end of the pier persons, who have the gift to help people too. They may have a link with spirit. They too can have a "link with the future" be it with things like Tarot cards etc. "But how they can get a reading from normal playing cards, I don't know" he added. "Even the Vikings had Runes. There were a tribe of them called the Berserks. They used a lot of magical symbols, and that's where we get the saying 'going berserk'. But not many people read the Runes. Then we have the Chinese I-Ching. This goes back many millions of years."

Alan talked about Astrology and its role. Other magical ways of future telling, he informed us, was in Sand readings. "Can anyone think of another?" He asked the 25 people in the audience.

"Crystal Ball"

"Yes, this focuses energy. But for some its mainly a prop to channel psychic energy."

He talked about the spirit world and said some people wanted to be assured that their loved ones are all right. At this point Mr.Albiston, stopped for an experiment between two friends, as a demonstration how mediums receive their messages. He said "Evidence of survival is better than proof of." He added that it's not telepathy. If you don't have the information in your head to start with.

"Some people are easier to give a reading to than others. If spirit knows we meet regularly, and one day, when in the bath I got a message for someone at a meeting in the 3rd row.

All mediums work at different levels, and work in different ways.(as we saw earlier). Its difficult when you are asked to contact a soul at once. I met a business lady one day who said:'Go on impress me!'

"Some spirits come to give us their support. Some choose to stay around their family and support us. They are with us giving us information. It is a link of love.

Animals come through too." continued Alan, "snakes give love, they have souls. Animals are psychic, they look up when they see a spirit. Children see spirits up

to the age of 3 years old, then they lose it. We may have had psychic abilities too, but modern living takes it away. All people are psychic in varying degrees, for example when we meet someone for the first time, we either like them or we don't, we have an automatic sense about them.'

"Mediums are normal people that have developed over the years. I sat in a circle for a long time getting NIL, until a lot of words started to flow out of me. You will find it will come eventually, when conditions are right. We can't force it through. It's hard to realise this. We can try TOO hard. Too much tension blocks it off. Relaxing is better."

"The spirits want us to develop and learn it all slowly, so we are accurate. Give it time if you are in a circle. We have to balance our earthly conditions as well as the spirit world. We are used as an instrument."

At this time, Alan mention getting vibrations from objects and asked if anyone in the audience wanted to try to see what they got off a lady's watch, which she offered. Editor, Ed.Harris offered. Placing the watch across my hand, he left Ed. to it, while he continued talking. Ed. said he had the impressions and "saw" chickens. This was correct. Someone in the lady's family once had a poultry farm. (A surprise for Ed.too!)

Next Julie Fuller was given a gold bracelet to see if she "got anything".

"I get a feeling of peace" Julie told the owner of the bracelet,"also whirling around, happiness." Julie explained whenever she touches objects in this way she gets a cold sensation. Julie was accurate for some of this, as far as the editor remembers.

Alan said you can get reading also from flowers.

At the Questions Time, after the lecture, the editor posed amusing questions to Alan. One was: Why is it that some spirits can't remember their NAMES, when they pass over, yet can remember a wine stain on a jacket some family member on earth had 30 years ago? Spirits seem to have TOTAL recall of every little thing-but names.

David Fuller asked questions about the Karma effect, which is long and complex.

This concluded the meeting, and answers one of the questions asked on page 14.

It does however seem distressing, when a very good medium is present at these events, and a person is there to get a message. We were told that an aunt who had died of a very severe illness, took 30 years to come through to the person we spoke to.

One very good medium we met at a previous meeting was Mrs. Grace Kennedy, of Canvey Island, Essex, and although this investigating team were there hanging onto every word she said, nothing was for us. Grace has told PP that she may help this new magazine. We say, thanks Grace for any assistance you can give. I hope you like this very first issue. EDITOR.

A L E T T E R our first...

Dear Editor,

I look forward to ParaPhenomena and hope you enjoy making it as much as you have your former magazines! As my life is at the moment, with little happening in the way of sixth sense and unusual occurrences, my contributions may have dwindled a bit etc., but maybe once I've finished my studies in September, I'll get it together again.

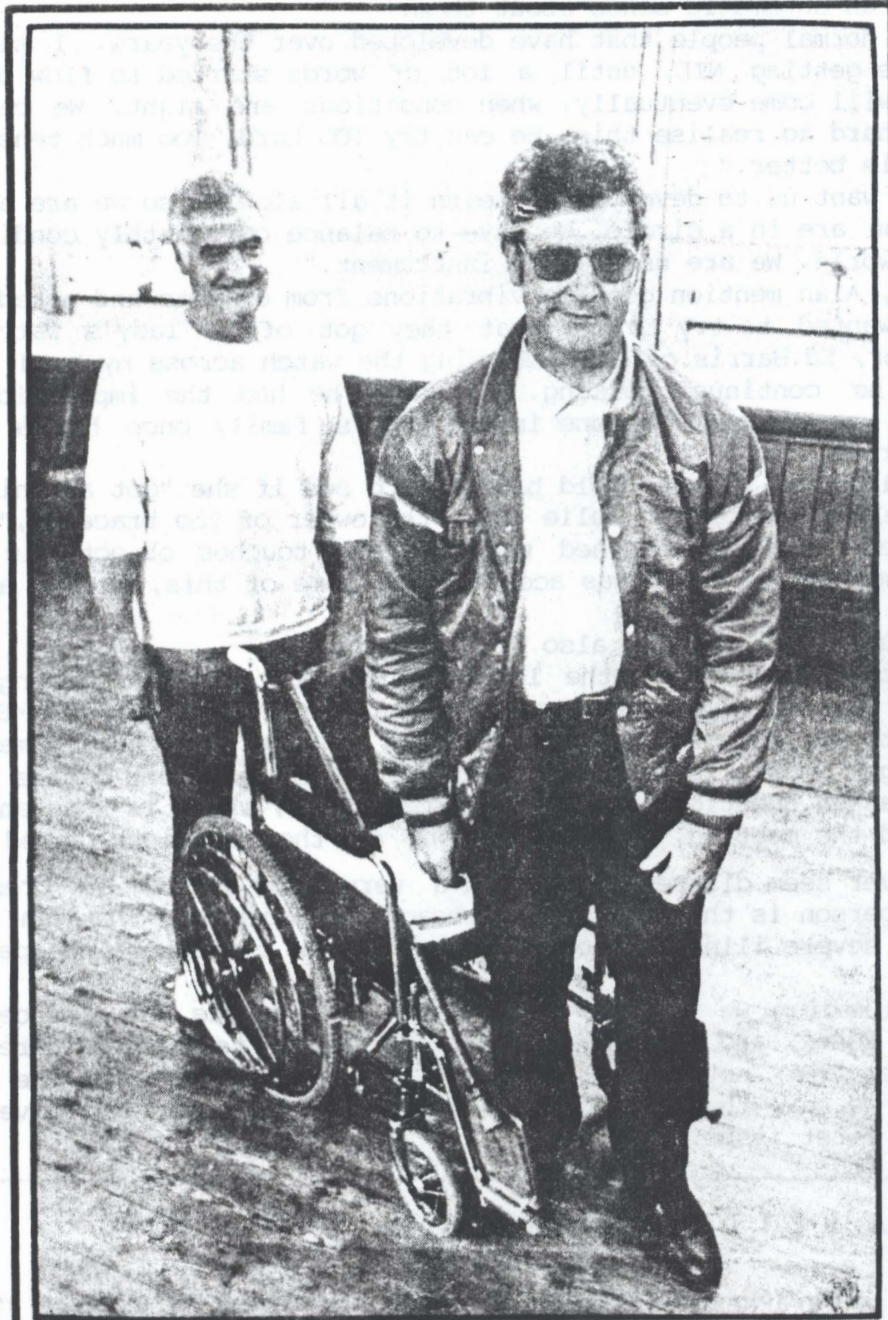
Elaine Ibiricu.

NOTICE:

At the moment, PP is not as such an International Magazine, unless requested overseas, due to the astronomical price of postage costs in England. Soon it will be cheaper to take letters WITH YOU IN PERSON, the way its going. Therefore PP, will only be, at present, for UK readers.

We certainly hope everyone likes our first issue, which now replaces, COSMOLOGY NEWS. Any comments, good or otherwise, to our address on page 2.

HEALING



Stroke victim Derrick Collins, a walking advertisement for the healing powers of bio-energy therapist John Ditchburn (left).M0639

The Mail, (Hartlepool) August 30, 1989

There are many forms of healing in this world. There are those also who scoff at it and those who say it is a miracle.

Healing takes on many forms, from Lourdes, France, where the sick are taken to be cured by the healing properties of holy water of Our Lady.

Then there are strange other-land-cults like Witch Doctors. There are just about every conceivable method of healings imaginable. Jesus was reputed to have raised the dead. If only he were here now. And to today's spiritual and etheric healings. The editor wishes to thank Stanley, of Hartlepool for the above clip.

For those totally new to healings, here's a summary. Most healings are done by laying on of hands onto the sick person. Sometimes it is spiritual, coming from the spirit world and its healers there and passed through them to the patient, and another type is transferring etheric energy by the same route.

CONTINUED FROM PAGE 16

AFTER my article some weeks ago reporting on the interest in Bio Energy and local therapist John Ditchburn, dozens of people have paid a visit to his premises in Belle Vue Hall, Oxford Street, with remarkable results.

There is no strange philosophy about healing, its down to earth commonsense. Science may not have equipment sufficiently sensitive to pick it up yet, but it is coming, when it will prove that engery transfer from healers to patients is possible.

Talking to many people who have experienced the good work of John and his assistant Sylvia, they are convinced of their ability and continue to sing their praises.

Derek Collins for instance, who suffered a heart attack and now is on top of the work and able to walk leaving his wheelchair occasionally. Another lady who said: "John has done more for me in two months than my doctor had done in two years, coping with my arthritis."

Another woman said she came out of curios-

By JUNE WRIGHT
Mail correspondent

ity not expecting any results but with John's calm, relaxing and confident approach to her problems of tense and aching joints she was now 100 per cent fitter.

Reading an article in a London paper about another Bio Energy healer, her charge was up to £75 per hour for treatment in a top-class ultra-smart clinic in North London, and here we are in Hartlepool offered the same treatment in the not-so-smart hall, but with only a fee to pay which is your own decision.

John wants his fellow townfolk to be able to come to him with confidence and without worrying about cost. Seventy five pounds or 75p, you pay the money and take a chance.

British healers treat 300 patients in Iceland



EILEEN AND LILANTHEA HAMBLING — The fact that they were invited for the 12th time is testimony to their healing ability.

A FORMER member of Iceland's Parliament was among those treated by British healers Eileen and Lilanthea Hambling on their 12th visit to that country, I learned last week.

They were invited to work for two months at a spiritual retreat organised by Iceland Spiritualists Jon Sigurgeirsson and Dr Ulfur Ragnarsson, who is also a practising medic.

A spiritual retreat was originally the idea of Eileen's famous trance medium husband, Horace. He felt that if people who needed healing could get away from the environment and circumstances which affected their health, if only for a few days, more rapid progress could be made.

Surgeons pay visit

Varmaland (warmer land), a residential school unused during the summer months, was the venue. It housed 35 patients for a week or longer.

After receiving healing, most wanted to extend their stay. Accommodation had to be found for them in various annexes.

Treatments given by Eileen and Lilanthea really began with a visit from members of the German Federation of Healers, among them a surgeon who is also an acupuncturist. Also present as special guests were a former Swiss professor of heart surgery and his wife, herself a Jung psychologist.

Not only did the residents receive healing, but there were talks on colour treatment by a Canadian visitor. Famous Icelandic Spiritualist/actor/broadcaster Aevur Kvaran lectured on philosophy. Each day ended with nightly meditation conducted by the healers.

Sticks discarded

Among the 300 patients the two healers treated was a woman with suspected multiple sclerosis who arrived leaning heavily on her husband's arm.

She had little co-ordination; her husband had practically to feed her.

Towards the end of her stay after daily treatments from Lilanthea and Eileen, she walked almost normally and was able to feed herself.

A severe road accident victim convalescing from this happening had to be supported by two sticks.

After two treatments from Lilanthea he walked unaided around the surrounding mountainous countryside. The healer remarked, "even I was surprised."

Another man, suffering from arthritis in the legs which limited his movements, said, "I

knew I would get help, but I never thought it would be so wonderful."

A former Member of the Icelandic Parliament had to forego her political career because of severe heart trouble. She testified that the counselling from the healers gave her a whole new outlook on life. She could now plan her future.

An Icelandic doctor's wife persuaded her husband to drive her to Varmaland for treatment.

Whilst staying there, out of curiosity, he decided to "try it." He was so delighted with Eileen's healing that he requested her help each day!

During Lilanthea's interview with Iceland's foremost daily newspaper, "Morgunbladid," she mentioned her dream. This was to see spiritual retreats all over the world. She told how spiritual counselling now played a major part in a healer's role.

As a result of this press interview, such was the demand for healers that Eileen had to extend her visit by three weeks.

A touching end to this story was the appearance outside the building of several sick animals from neighbouring farms. Some had walked five or more miles.

A vet, staying at the retreat, opined that the animals knew there were healers in the building as it radiated such power to the animal kingdom.

Lilanthea was happy to help the vet with one seriously sick dog. After attention from both of them, the dog was collected by his grateful owner and driven home.

Credit: Psychic News
Aug. 1980: 2 Tavistock
Chambers: Bloomsbury Way,
London, WC1A 2NS

MY PERSONAL EXPERIENCE WITH THE

UNKNOWN

BY

GABI L. (In Germany)

ONCE I HAD AN EXPERIENCE AND IT GAVE ME A RIGHT SHOCK I WAS ALONE AT HOME AND SAT AT THE TABLE and was reading a book.

Everything was quiet. Suddenly I had a very strange feeling and I've known that I wasn't any longer alone. I've looked around and suddenly one of the chairs moved away from the table very slowly and only for the distance as if somebody want to sit on.

I was 15 years old and never before I've heard anything about "real" ghosts. I've run out of the flat and right into the arms of my mother. I've told her what I've seen and she wasn't surprised. She said that she is sure it was her dead mother.

My mother had such an experience too. One night she woke up because she heard that somebody was calling her name. She opened her eyes and saw her dead mother standing at the end of the bed. My mother had no fear. Her mother told: "Heidi please pay attention to your brother he is in big trouble. And really he was in big trouble.

Soon it is six years ago that my sister-in-law was killed by a doctor while she was given birth to her son. Her man wasn't in the situation to look after the baby. Because that my mother-in-law and I did this job for months. Night and day. Once it was night I went down to the baby and I've known again that I'm not alone. I think it was my sister-in-law who want to look after the baby. I've told into the darkness, that she shouldn't be worried about the baby. I've promised that I'll always have a watchful eye on him. Never again I had such an experience.

GABI L. (Germany)

* This story has been translated for us by Gabi L. Those who can read it may be able to compare each column, in case we have missed a point somewhere. EDITOR

EINMAL HATTE ICH EIN ERLEBNIS, DASS MIT EINEN RICHTIGEN SCHOCK VERSETZTE ICH WAR ALLEIN ZU HAUSE UND SASS am Tisch und las ein Buch. Alles war still-ruhig. Plötzlich hatte ich ein sehr seltsames Gefühl und ich wusste das ich nicht mehr länger allein war. Ich habe herum geschaut und plötzlich bewegte sich einer der Stühle vom Tisch weg, ganz langsam und nur so weit als ob sich jemand hin setzen wollte.

Ich war 15 Jahre alt und niemals zuvor habe ich irgend etwas über "wirkliche" Geister gehört. Ich rannte aus der Wohnung genau in die Arme meiner Mutter. Ich erzählte ihr was ich gesehen habe und sie war nicht überrascht. Sie sagte das sie sicher ist, dass es ihre tote Mutter war. Meine Mutter hatte auch solch ein Erlebnis. Eines Nachts wachte sie auf weil sie hörte das jemand ihren Namen rief. Sie öffnete ihre Augen und sah ihre tote Mutter am ende des Bettes stehen. Meine Mutter hatte keine Angst. Ihr Mutter sagte: "Heidi, bitte pass auf deinen Bruder auf, er ist in grossen Schwierigkeiten. Und wirklich, er war in grossen Schwierigkeiten.

Bald ist es sechs Jahre her, das meine Schwägerin von einem Arzt getötet wurde als sie ihren Sohn gebär.

Ihr Mann war nicht in der Lage nach dem Kind zu sehen. Darum taten meine Schwieger Mutter und ich diese Aufgabe für Monate, Nacht und Tag. Einmal, es war Nacht ging ich zu dem Baby und ich habe wieder gewusst, das ich nicht allein war. Ich denke das es meine tote Schwägerin war, die nach dem Baby schauen wollte.

Ich sagte in die Dunkelheit hinein, dass sie sich um das Baby keine Sorgen machen sollte. Ich habe versprochen das ich immer ein wachsums Auge auf ihn habe werde.

Nie wieder hatte ich solch ein Erlebnis.

FORTEAN TYPE PHENOMENA

INTRODUCTION: The term, FORTEAN comes from Charles Forte, who collected many strange stories for many decades. When he died, his archives became known as Fortean Phenomena. This is now widely used by many to mean the strange and the unknown. PP features FORTEANA also.

THE VANISHING MAN

(Area believed to be Scotland?)

We do not know how we came to know of this case, but all we can say now is that in 1978 it was still classified information. In fact, it was so secret, so we are told, that our reporter for Cosmology Newslink (our old style magazine) was told presumably by a reporter from a national newspaper that every scrap of it has been removed, even archive copies.

The event centres round two men, working in a steel room. What they were experimenting on is a mystery.

Suddenly as others looked on, one of the men completely vanished into thin air. This so unnerved his co-worker, that he had to have psychiatric care for years later. It borders on the Philadelphia experiment, where a whole battleship disappeared instantly in a harbour in the USA to reappear later miles away in another location.

The man who vanished has gone forever, never to return. His co-worker has to this day never really recovered from the shock, which was many decades ago, and to this day refuses to talk about it. He moved, we think, to Hertfordshire and owns his own public house.

ODDITIES

April 1995: Postal Staff have lined hedge-mounted letter boxes with copper strips to prevent snails. attracted by human saliva on gummed letters. from munching through the mail.

A bus conductor made his last trip on a single decker-to his funeral.

June 1995: Surgeons removed an 11-Stone tumour from a Texas woman afraid to have an operation for 15 years. (source: Sunday Mirror).

Legend of the 'green people'



Source: SS&S Magazine 1972. From Barbara Matthews

This story is an old tale handed down through the generations for hundreds of years. It's a traditional story from East Anglia, Eastern part of England. It would seem to me to be the only case of any "Green people" staying there, learning English and telling us about where they came from.

It was first written down seven hundred years ago by Ralph of Goggeshall and then by chronicler, William of Newbridge.

It must have made a big impression on the people of that time for everyone to have talked about it for so long.

The story is that one day when some of the peasants were out working in the fields they saw a movement near the 'wolf pits'(whatever they might have been). When they went to investigate, they found two green children, a boy and a girl cowering in the bottom of the pits. The children were very frightened and talked in some strange way that the peasants could not understand. However, they did manage to point to their mouths apparently indicating that they were hungry. But they would not eat any of the food the peasants offered them.

The peasants took them to the Lord of the Manor, who tried unsuccessfully to talk to the children. They didn't like any food that was offered them until they came upon some beans still on their vines. They ran towards them and pulled open the stalks as if they expected to find beans in there, but when they were shown they beans were in the pods, they seemed pleased and ate the beans.

The children lived at the home of the Lord of the Manor, living on green food. But the boy took sick and died. The girl gradually learned English and this is the story she told.

"I come from a green country. The people are green, the animals are green, the earth and the sky are green. There is nothing that is not green. The sun never shines in my country. The light there is a constant green glow as if the sun were always just below the horizon.

From the hills of our country you can see another much brighter land divided from ours by a broad river. One day my brother and I were tending sheep on the hills and they began to stray. We followed them and came to the mouth of a cave, a great cave we'd never seen before. The sheep entered the cave and we walked in after them. And there ahead of us, we heard the sound of bells, a most beautiful sound; loud bells and soft bells, treble bells and bass bells, ringing and ringing. It seemed the sound came from the far end of the cave. The bells were so beautiful they pulled us towards them. We had to find them."(Editor's note: In another text on this same story, which I will publish when we find it again, this story relates to the bells belonging to the church of Bury St.Edmunds)...to continue...

"We walked through the cave on and on. At first it was flat, then we began to climb and the bells rang and rang. The

cave was gloomy but not dark. Suddenly we saw a bright light ahead of us.

It grew and grew, dazzling us and all at once we climbed up and out of the cave. The ringing stopped and the sunlight blinded us. We were knocked senseless by the sun. We lay in a swoon for a long time. When we recovered our senses, we saw we were in some deep pit and although we looked for the entrance to the cave, it had completely gone. We could not find it again."

No one could ever find the entrance to the girl's cave. She stayed with the lord of the Manor, learned to eat our food and gradually lost her green colour. The story goes on to say that she married, but kept wandering down by the wolf-pits and no one ever knows if she ever found the cave again or not.

Perhaps there are little green men living under the earth somewhere. The continuous green light does sound like sunlight filtering down through water, doesn't it?

EDITOR'S notes on this story:

1.It could be another dimension and they found a pathway from it to our world and that pathway has now closed for the rest of time.

2. It was only a story told by parents to their children and somehow got mistaken for the truth. 3. It could well be a true story. As far as memory goes from the previous story, it was said that some sort of records were kept of this story by a church minister of the day. If the girl did really exist, and it is has some element of truth in it, then if she had children, then it would be proof for somebody to find their descendants and find out for sure, if the legend of the green children is true!

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PARANORMAL DIARY OF THE ANERLEY SCHOOL HAUNTINGS

By David Beirne

FIRSTLY I'LL INTRODUCE MYSELF TO YOU. I am David Beirne, a medium of good repute, and have I am pleased to say, the respect of my believing clients that I have acquired over the years since about 1974. Myself and a wonderful spirit guide named Fabian will indeed devote my time to you readers and am always at hand through this magazine for sittings. I do not charge any fees whatsoever, as why should I? After all it's a gift to have the joy of audio communication with the "other side," and therefore a pleasure to share such a gift with others.

I came to this gift via my grandmother (my father's side) as she was also a gifted palmist with a travel troupe, and a staunch member of the spiritualist church of East London; so too my father was and still is a strong believer.

My own first encounter with a spirit guide was at home in Clapton, London, Essex, where I was guided to a cupboard, which I always thought being empty for years, shown not to be so, but, became my first visual encounter with Fabian my guide after being told to "look in here" I discovered a portrait to of which hangs in my living room now for over twenty years for all to see when they call.

I have clients coming from all over Braintree and London, and I too make visits to London to this day.

"I never close" should be my catch phrase, still be it a brief dossier of my humble beginnings I have now shared with you.

I will now give you facts only on Anerly School.

All these accounts you will now read about are true statements from former parents of children at this school.

DURING THE WAR OF 1939-45 this school had air raid shelters built under the school and I would imagine, being that the school looked pre 30's perhaps of a Victorian structure, they could or probably were storage cellars in their original capacity. The sad fact was that one day during the war days, the school had a hit, and many were killed. However, I'm unable to confirm how many but the cries of the children were, on occasions, heard coming from the basements a few years ago, 1970's approx., during the assemblies of the mornings. The doors are now closed of these shelters, and the story goes that a caretaker went into the basement and ended up with his hair greying after an encounter with a presence. This was stated by Mrs. Clarke of Berrmonsey who had a child at this school.

At around 1986 period, we went to Anerley to see, but the entire school was fenced off which is to keep trespassers away. However a sitting was first held, and a great tragic wrong was sensed about the school and to make sure we never went again, the car died on me after we went to Anerley school. It seems we were not made welcome by this darkness of the shelters. I have, of course never returned, but the school as I know it, remains, still in use in SE20.

I can provide written statements of these incidents as to their authenticity.

Next issue I shall tell you of a factual possession of a man after an ouija session, and its dangers.

QUOTE FOR THE WORLD:

WHEN MAN HAS COVERED EVERY BLADE OF GRASS WITH CEMENT, AND POLLUTED ALL OF THE WORLD...ONLY THEN HE WILL SEE HE CAN'T EAT THE MONEY HE HAS IN THE BANK.